



Monterey Heart Chan Center Event Schedule, Mar 2020

494 Alvarado Street suite G, Monterey 93940
 Website: www.heartchan.org
 Contact: monterey.chan@gmail.com

S	Mon	T	Wed	Thu	F	Sat
1	2	3	4	5	6	7
				5:15-6:15 PM Group Meditation		10:00-11:30 AM Heart Chan Instruction Class (6) Instructor Jessica
8	9	10	11	12	13	14
			5:50-6:50 PM Group practice 7:00 – 8:00 PM Online Q & A with Miaoming	5:15-6:15 PM Group Meditation		10:00-11:30 AM Heart Chan Instruction Class (7) Instructor Jessica
15	16	17	18	19	20	21
				5:15-6:15 PM Group Meditation		10:00-11:30 AM Heart Chan Instruction Class (8) Instructor Jessica
22	23	24	25	26	27	28
				5:15-6:15 PM Group Meditation		10:00-11:30 AM Heart Chan Instruction Class (9) Instructor Jessica
29	30	31	Apr 1st	2nd		3
				5:15-6:15 PM Group Meditation		10:00-11:30 AM Heart Chan Instruction Class (10) Instructor Jessica

"You are here, for no other purpose than to realize your true nature"

Guemiao miaoming