|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sun | Mon | Tue | Wed | Thru | Fri | Sat |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | **10:00-11:30 AM**  Heart Chan Instruction Class (1)  Instructor Jessica |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|  |  |  |  |  |  | **10:00-11:30 AM**  Heart Chan Instruction Class (2)  Instructor Jessica |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|  |  |  | 5:50 -6:50 pm Group Meditation 7:00-8:00 pm  Online Q&A with Miaoming |  |  | **10:00-11:30 AM**  Heart Chan Instruction Class (3)  Instructor Jessica |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
|  |  |  |  |  |  | **10:00-11:30 AM**  Heart Chan Instruction Class (4)  Instructor Jessica |
| 23 | 24 | 25 | 16 | 27 | 28 | 29 |
|  |  |  |  |  |  | **10:00-11:30 AM**  Heart Chan Instruction Class (5)  Instructor Jessica |



494 Alvarado Street suite G, Monterey 93940 Website: www.heartchan.org Contact: monterey.chan@gmail.com

Monterey Heart Chan Center

Event Schedule, Feb. 2020