



## Los Angeles Walnut Chan Center Class Schedule, Oct 2019

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Sun	Mon	Tue	Wed	Thur	Fri	Sat
29	30	1	2	3	4	5
10:00AM-11:30AM Heart Chan Proficiency Class			7:00PM -8:30PM Heart Chan Introductory			
6	7	8	9	10	11	12
10:00AM-11:30AM Heart Chan Proficiency Class			7:00PM -8:30PM Miaoming Laoshi Q & A Live Brocasting			
13	14	15	16	17	18	19
10:00AM-11:30AM Heart Chan Proficiency Class			7:00PM -8:30PM Heart Chan Introductory			
20	21	22	23	24	25	26
8:30AM-12:00PM Half Day Meditation Retreat at Center			7:00PM -8:30PM Heart Chan Introductory			10:00AM - 11:30AM Workshop at Temple City Library, LA County
27	28	29	30	31	1	2
10:00AM-11:30AM Heart Chan Proficiency Class			7:00PM -8:30PM Heart Chan Introductory			